

1

LARGE AND SMALL PRINT

Look around you and study the trees, the shape of the leaves and the size of the branches. Look up and down and out into the distance. Then shift your eyes so that you are seeing things closer to you. Be aware of the distance between the trees, the color

2

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Look around you and study the trees, the shape of the leaves and the size of the branches. Look up and down and out into the distance. Then shift your eyes so that you are seeing things closer to you. Be aware of the distance between the trees, the color of the leaves, the shape of the leaves. See them as darker and the sky as lighter. Shifting your eyes and seeing details stimulates greater vision. Tap

3

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